

Somerset Winter Menu 2016

Key Stage 1 Pupils: Main Meal & Dessert - • Key Stage 2 Pupils: Main Meals & Desserts - •
 (v) Suitable for vegetarians (df) Dairy Free (gf) Gluten Free (ww) Whole Wheat. Please circle option 1, 2 plus A or B

Name _____
 Class _____
 KS1 (Free) KS2 £2.50
 AMOUNT PAID _____
 Please pay on parent pay

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WEEK COMMENCING
1 31/10, 21/11, 12/12, 01/01/17,
 23/01/17

WEEK COMMENCING
2 07/11, 28/11, 09/01/17, 30/01/17

WEEK COMMENCING
3 14/11, 05/12, 16/01/17, 06/02/17

MONDAY

Cheesy Tomato Chicken Bake	1
Tomato & Lentil Whole Wheat Pasta Bake	2
Raspberry Whirl	A
Fresh Fruit	B

MONDAY

Beef Bolognese Pasta Bake	1
Macaroni Cheese (V)	2
Brownie Cake	A
Fresh Fruit	B

MONDAY

Savoury Minced Beef	1
Quorn in BBQ Sauce (V)	2
Winter Berry Drizzle	A
Fresh Fruit	B

TUESDAY

Pork Meatballs in Tomato & Basil Sauce gf df	1
Quorn Meatballs in Tomato & Basil Sauce V2	2
Pear & Apple Crumble with Custard	A
Fresh Fruit	B

TUESDAY

Tomato & Basil Chicken	1
Veggie Sausages Casserole (V)	2
Oaty Fruit Crumble	A
Fresh Fruit	B

TUESDAY

Baked Sausages in Gravy	1
Cauliflower & Broccoli Cheese (V)	2
Chocolate Whirl	A
Fresh Fruit	B

WEDNESDAY

Roast Turkey gf df	1
Five Bean Casserole (V)	2
Clementine Cake	A
Fresh Fruit	B

WEDNESDAY

Roast Gammon gf df	1
Cheese & Lentil Pie (V)	2
Fruit Yoghurt	A
Fresh Fruit	B

WEDNESDAY

Roast Chicken gf df	1
Veggie Sausages (V)	2
Jelly with Fruit	A
Fresh Fruit	B

THURSDAY

Minced Beef & Vegetable Puff Pastry Pie	1
Sweet Potato Pie (V)	2
Fruit Yoghurt	A
Fresh Fruit	B

THURSDAY

Braised Beef with Winter Vegetables	1
Vegetable Ravioli with Garlic Bread (V)	2
Somerset Apple Cake	A
Fresh Fruit	B

THURSDAY

BBQ Pulled Pork with Tortilla Wrap	1
Veggie Curry with Naan Bread (V)	2
Pineapple Upside Down Cake	A
Fresh Fruit	B

FRIDAY

Bubble Crumb Salmon Fillet	1
Margherita Pizza (V)	2
Chocolate & Banana Cake	A
Fresh Fruit	B

FRIDAY

Golden Fish Bites	1
Veggie Nuggets (V)	2
Fruit Cocktail	A
Fresh Fruit	B

FRIDAY

Fish Fingers	1
Veggie Fingers (V)	2
Apple Crumble with Custard	A
Fresh Fruit	B

